



ONE PERFECT THING | A page from an artist's journal



Kathrine Lemke Waste

Bounty in a Box

An autumn cornucopia of organic fruits and vegetables spills out of the unassuming cardboard box delivered to my front step. The produce is grown on a 240-acre family farm in the Capay Valley. Through this kind of community-supported agriculture, we consumers can deal directly with growers by sharing the risks and rewards of farming. I get my box from Farm Fresh to You, www.farmfresh toyou.com. (Less than two weeks after I finished this painting, this Capay farm family lost a loved one, Coast Guard Lt. Cmar. Che Barnes, in a plane crash. I offer deepest condolences.)

—Kathrine Lemke Waste