

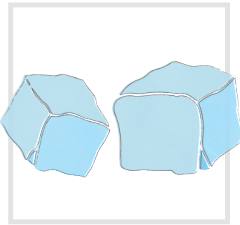


watermelon slushy

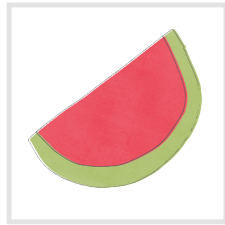
Summer in a cup.

PREP TIME : 5 mins | SERVES : 8

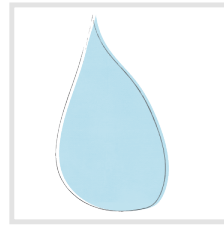
WHAT YOU NEED:



15 ice cubes



3 1/3 cups
watermelon, chopped



4 teaspoons
water

INSTRUCTIONS

- 1 Chop watermelon into large pieces and put into blender with water.
- 2 Blitz until the melon is broken up and add ice and blitz again.
- 3 You can add more water if you prefer a thinner consistency.
- 4 Serve immediately.

SPROUTING INTEREST